

## Healthy Living Benefit

HLR | \$50 | + Biometrics

Routine service test	Follow-up diagnostic test	Biometric screening	Genetic cancer test (breast cancer only)
<b>\$50</b>  Payable once per covered person once <u>per calendar year</u>	<b>\$50</b>  Payable once per covered person once <u>per calendar year</u>  Recommended by a physician following routine service for further tests AND not a genetic test	<b>\$25</b>  Payable once per covered person once <u>per calendar year</u>	<b>\$250</b>  Payable only once per covered person during the <u>Lifetime of the certificate</u>  Recommended by a physician following routine service AND considered to be at high risk for developing cancer, or cancer has been diagnosed
	Performed within 12 months of the routine service and on a different day than the routine service		Performed within 12 months of the recommendation  <b>Positive test result</b> genetic test benefit amount <u>doubled</u> to \$500

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## Healthy Living Benefit

HLR | + Biometrics | Eligible Tests

Routine service test	Biometric screening
<ul style="list-style-type: none"> <li>Mammography</li> <li>Pap smear</li> <li>Flexible sigmoidoscopy</li> <li>Hemoccult stool analysis</li> <li>Colonoscopy</li> <li>PSA (blood test for prostate cancer)</li> <li>Doppler screening of carotid arteries</li> <li>EKG/ECG</li> <li>CT colonography</li> <li>Human Papillomavirus Vaccination (HPV)</li> <li>CA125 blood test</li> <li>Whole body skin cancer screening exam</li> </ul>	<ul style="list-style-type: none"> <li>Fasting glucose testing or lipid panel and may include:</li> <li>Height &amp; weight measurements</li> <li>Blood pressure</li> <li>Total cholesterol (LDL and HDL)</li> <li>Blood glucose levels</li> <li>Blood tests</li> <li>Carotid ultrasound artery screening</li> <li>Body mass index</li> </ul>
<b>Genetic cancer test (breast cancer only)</b>	
Any of the following tests to assess risk for cancer:	
<ul style="list-style-type: none"> <li>BRCA-1</li> <li>BRCA-2</li> </ul>	

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